



2 October 2009

Greetings - Kia ora koutou

Welcome to the Settlement Support Newsletter.

Settlement Support is an initiative of the Department of Labour in partnership with the Whangarei District Council. We provide an information service to newcomers to New Zealand and those returning home after a long period overseas. Drop in any Friday to the Council's Customer Service Centre with your questions or phone for an appointment on another day. We have a free Welcome Pack and 80 page Newcomers Guide.

There are some great information seminars and entertainment events coming up this month. Don't miss the Diwali Festival. It's an opportunity to enjoy a range of traditional Indian dance; wonderful food and of course, a good social night out.

I hope to see you at one of the events.

Ellen Altshuler, Coordinator

The Jobseekers Support Group of the Whangarei Migrant Centre presents:

Your rights & responsibilities in NZ employment – FREE Seminar Wednesday October 14, 6:30 pm

David Flaws, an employment advocate, will talk about:

- The basics of what should, and should not, be in an employment agreement;
- How redundancy works and what rights employees have;
- Other legal issues to watch out for
- And where to get help for an employment problem

Date: Wednesday October 14, 6:30 pm @ The Migrant Centre, 71 Bank St (upstairs)

For more info, Phone Sabrina 430 0571 or email: wmcjobseekers@gmail.com



Whangarei Diwali Festival on 10th Oct.
More details at page 2

Settlement Support and Whangarei Migrant Centre present a series of workshops:

Parenting in New Zealand for migrant parents

Workshops: Thursday 22 Oct, 5th & 19th Nov

Parenting in New Zealand is a series of three FREE workshops for migrant parents.

Everyone wants to be the best parent they can. It can be difficult in a new country or culture or just a new situation. Most migrant parents lack the support of extended family to help with raising children. This seminar will give tools and strategies for everyday parenting challenges faced by migrants.

The workshops are run by Gloria Ramsay, an experienced Parenting Coach, with Parent & Family Counselling. The three workshops will be held fortnightly. Childcare will be available if you book in.

Starts: Thursday 22 October, 5th & 19th November, 10am – 12noon @ The Whangarei Migrant Centre, 71 Bank St (upstairs)

Register and info: Contact Sabrina 430 0571 or Ellen 470 3056, email ellena@wdc.govt.nz
Everyone is welcome to attend!

What's on?



Organised by Settlement Support & WMC: Immigration Clinic, for advice and assistance

Monday 19 October 3-6pm

at the Whangarei Migrant Centre – 71 Bank St (upstairs)

Immigration matters continue to be one of the top 3 areas of enquiry to Settlement Support. On Monday 19 October 3-6pm, **Steve Prosser (Licensed Immigration Adviser)** will be in Whangarei to offer advice and assistance with immigration matters. You must make an appointment.

Steve will provide up to 20 minute of **free advice**. At the end of an interview Steve will give you either a solution so you can do it yourself; or an honest NO if he thinks your problem cannot be solved; or he will tell you how he can help you. If you want his help, Steve will tell you how much he will charge and provide you with a letter to outline what he will do.

For an appointment: Phone Sabrina 430 0571 or Ellen 470 3056.

Diwali Festival in Whangarei 10th October 6pm @ Maunu Primary School

The Northland Indian Association celebrates Diwali -the festival of Lights- and invites YOU and your family to join in this celebration of Diwali 2009.



The program begins at 6.00pm with live performance of Indian music, dances and food. Tickets: \$20 for adults and \$10 for senior citizens and kids. Meal included.

Get tickets from:

Destination Dairy-Riverside Drive. Patel Food Market – Kamo. Whau Valley Dairy, Rainbow Dairy - Rust Avenue. Shiraz Indian Restaurant.
Or phone Rajen on 021 961 417

What is the Diwali Festival? Backgrounds of a celebration

Diwali is also known as Deepavali which literally means "a row of lamps". It is perhaps the most important and ancient of the Indian festivals. Diwali is celebrated throughout India as well as in Indian communities around the world.

Celebrations generally include festive fireworks, lights, flowers, sharing of sweets, and worship. Families light small oil lamps known as Diyas and candles around their house. Diwali is celebrated for five continuous days, each day has its significance. It is a beginning of the New Year, a start to a new fiscal year and a brand new beginning for all.

Originally a Hindu festival, Diwali has now crossed the bounds of religion. There are different mythological stories about Diwali in different states of India. But its spiritual meaning "the awareness of the inner light" is the same. Diwali signifies the triumph of light over darkness, good over evil, and renewal of life.

The Annual Korean vs. Kiwi Golf Tournament

Every year, on Labour Day, Sherwood Park Golf Club is buzzing with the Annual Korean vs. Kiwi Golf Tournament. It all started in 2003 with just 8 Koreans and 8 kiwis teeing off. In 2008 there were 111 players.

Don't miss the 7th annual event on **26th of October** at 11am at Sherwood Park Golf Club. It's a great family day out!

Haere Mai

Settlement Support – Whangarei

October 2009

WINGS



Meets:

- Every 1st Wednesday of each month at 7pm at 1 Norfolk Street. \$3.00 and Members Free
- Friday coffee morning, at 10am-11:30am at Mokaba café (Town Basin)

Special WINGS dates coming up:

7 th Oct	Monthly meeting
9 th Oct	Dining Night Out at Nectar
5 th Dec	WINGS Birthday Bash, celebration at Hurupaki School, 2-6pm, Potluck.

More info www.wingsnz.org.nz or call Liane at 430 3221/021 1116711

Mah Jong

Four Winds Club

Held at Swifts Soccer Clubrooms Kamo, every Wednesday at 12.45 pm. New members welcome. Fee \$20 per year. Call Dawn ph. 438 2061 or Deane phone 438 3905 for information.

German Language Classes 4 kids



German 4 Kids

New beginner's classes starting now for 5 - 10 year olds, max 8 kids per class.

More info: Anna Werhan, phone 430 7370 / 021 057 5602, email multikultikidz@xnet.co.nz

Healthy Living Workshops

Anglican Care Centre is offering a series of personal development workshops:

15 October: *Who am I?* (a practical self-discovery workshop)

22 October: *Healthy communication* (An Introduction to positive interacting with others)

5 November: *Coping with Change* (An informative guide to dealing with life's changes)

12 November: *Overcoming anxiety* (a practical self-help workshop)

Venue: Anglican Care Centre, 1B Deveron Street.
Cost: \$25.00 per session. All workshops at 7-9pm
Phone 437 6397 to book.

Soul Food, an invitation

Sunday 18 October, 2.30 to 3.30pm

Soul Food is an event that provides an opportunity to relax in a tranquil environment and reflect on inspiring themes. It features music, audio-visual pieces and readings from various faiths - indigenous, ancient and modern.

Soul Food is a free community event open to all and organised by the Whangarei Bahá'í Community. Theme: Unity and Diversity.

Venue: Hancock's house, 38 Puketotara Road, Glenberrie. For more info, phone Arasteh at 437 3184 or 021675961

Drop in and ask your questions face-to-face at

Settlement Support Contact Centre

Every **Friday** from 9am – 4pm

Customer Service Centre, Forum North, Rust Avenue, Whangarei

SETTLEMENT SUPPORT NEW ZEALAND

WHANGAREI

Phone: **09 430 4230 ext 8356**

Email: ssnzwhangarei@wdc.govt.nz

For settlement information, visit:

www.immigration.govt.nz/settlement



WHANGAREI
DISTRICT COUNCIL



TE TARI MAHI
Department
of Labour